When considering nutrition therapy for ICU patients\(^1\) (including patients with COVID-19)\(^2\), 3 main decisions must be made on the basis of the patient’s medical condition:


This nutrition algorithm is intended as a guide for selecting the appropriate therapeutic nutritional formula.\(^3\)

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### ICU Patient

- **ICU Patient**: Begin enteral feeding within 24-48h
- **ICU patient with COVID-19**: Begin enteral feeding within 24-36h or within 12h of intubation and placement on mechanical ventilation.

#### Identify specialized needs, if any

- NO
- YES

#### ICU Patient

- NO
- YES

- **No specialized needs**:
  - Standard enteral formula

- **Surgical ICU, major surgery, trauma, burns, TBI**:
  - Immune-modulating enteral formula (omega-3 fatty acids, arginine, antioxidants)

- **Mechanically ventilated**:
  - Enteral nutrition formula with omega-3 fatty acids when indicated

- **GI intolerance or malabsorption, obesity**:
  - Tolerance-promoting and/or high-protein enteral formulas

### How Abbott Nutrition Products Fit Within the Algorithm

- **Promote\(^\circ\) Product Family**
  - Complete, Balanced, High-Protein Formula for Patients Who Need a Higher Proportion of Calories from Protein With and Without Fiber

- **Jevity\(^\circ\) Product Family**
  - Complete, Balanced Nutrition\(^\circ\) With Fiber

- **Osmolite\(^\circ\) Product Family**
  - Complete, Balanced Nutrition\(^\circ\) Without Fiber

- **Pivot\(^\circ\) 1.5 Cal**
  - Therapeutic, Peptide-Based, High-Protein Nutrition for Metabolic Stress

- **Perative\(^\circ\)**
  - Peptide-Based, Therapeutic Nutrition for Metabolic Stress (Does Not Contain Omega-3 Fatty Acids)

- **Vital\(^\circ\) High Protein**
  - High-Protein, Low-Fat Therapeutic Nutrition Designed With Ingredients to Help Manage Inflammation and to Promote GI Tolerance

- **Vital AF 1.2 Cal\(^\circ\)**
  - Therapeutic Nutrition With Ingredients to Help Manage Inflammation and to Promote GI Tolerance

- **Vital\(^\circ\) 1.0 Cal**
  - Therapeutic Nutrition for Malabsorption, Maldigestion, or Impaired GI Function and/or GI Intolerance

- **Vital\(^\circ\) 1.5 Cal**
  - Calorically Dense, Therapeutic Nutrition for Malabsorption, Maldigestion, or Impaired GI Function and/or GI Intolerance

Denotes these products contain “Power of 3” ingredients

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DISCOVER THE “POWER OF 3” OF VITAL & PIVOT

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Therapeutic Nutrition for Early Enteral Feeding

VITAL®—For patients who could benefit from a tolerance-promoting enteral formula.

VITAL® is formulated to enhance absorption and tolerance in patients with impaired GI function and/or feeding intolerance.
• Vital 1.0, 1.5 and AF 1.2 products offer the benefits of the “Power of 3” and also contain:
  - Elevated levels of antioxidants, vitamins C and E and selenium to help reduce tissue and cell damage due to oxidative stress15,16
  - Fortified with vitamin D to help maintain normal circulating levels of vitamin D, which is important to support immune system function during times of metabolic stress and critical illness.17,18

Pivot® 1.5 Cal is peptide-based, high protein, therapeutic nutrition for metabolic stress.
• Pivot offers the benefits of the “Power of 3” and also contains:
  - Arginine (13 g/L, 3.5% of calories) to support proliferation and function of immune cells19
  - Glutamine (inherent) (7.6 g/L) for GI tract integrity and energy for immune cells20,21
  - Omega-3 fatty acids (EPA, 2.6 g/L; DHA, 1.1 g/L) to help modulate inflammation and support immune function22,23

Also available: Vital HP, a high-protein, low-fat, peptide-based formula for patients with malabsorption, malnutrition, or impaired GI function and/or symptoms of GI intolerance
• Vital High Protein has 87.3 g/L of peptide-based protein and 10.6 g/L (40%) of total fat as fish oil

Use Vital and Pivot Products Under Medical Supervision.

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