

Winter Quarterly Meeting

ONL

Organization of
Nurse Leaders

Advancing a culture of health.

DECEMBER 11, 2020
via ZOOM

2020 has been a year like no other. As it nears an end, take a day to recharge and reconnect with your nurse leader network. Join ONL for the 2020 Winter Quarterly Meeting featuring keynote speaker Dr. Rose Sherman. Hear from ONL leaders about current efforts and initiatives during the business meeting, connect with colleagues, and engage with our vendor partners. We hope to see you and your teams there.

Thriving After a Life-Quake: Nursing Leadership 2021

COVID-19 is being described as a global life-quake event. A life-quake is a massive life change that reshapes our lives with aftershocks that can last for years. In this interactive virtual education session, we consider how this life-quake could change both the nursing workforce and what is expected from nurse leaders. Strategies will be presented on how leaders can help themselves and their teams to rebuild during and after COVID-19.

Objectives:

- Define the term Life-Quake event and the impact that significant disruptors have on our personal and professional lives.
- Describe evidence-based strategies to move through major life transitions, both personally and professionally.

Coaching Nurses to Build Resilience in Turbulent Times

COVID-19 is proving to be a game-changer in healthcare with no clear end in sight. In this interactive session, we will identify the unique challenges emerging in the nursing workforce with the pandemic and discuss effective resilience coaching strategies.

Objectives:

- Identify how COVID-19 and the pace of organizational and societal change have impacted both nurses and patients.
- Discuss the evidence on resilience and how to use coaching principles to promote nurse and patient resilience.



**ROSE O. SHERMAN, EdD,
RN, NEA-BC, FAAN**

Dr. Sherman is nationally known for her innovative work in nurse leader development. She edits the popular leadership blog www.emergingnleader.com and is Editor in Chief of Nurse Leader. Dr. Sherman is also a Gallup certified strengths coach and author of the book, *The Nurse Leader Coach: Become the Boss No One Wants to Leave*.

AGENDA

8:00 - 8:30	Morning Networking
8:30 - 9:30	ONL Business Meeting
9:30 - 10:15	Coffee Break / Vendors
10:15 - 11:45	Thriving After a Life-Quake: Nursing Leadership 2021
11:45 - 12:30	Lunch / Vendors
12:30 - 2:00	Coaching Nurses to Build Resilience During Turbulent Times

REGISTER HERE

Registration fee: \$176 - Attendees will be eligible for 3.0 Contact Hours.
For more information, or to register a group, contact info@oonl.org or 781-272-3500.